

**Regulations**  
**Optimist Club of Washington Soccer League**

	Game Time	Fouls	Heading	Off Sides	Corner Kicks	PKs	Subs	Coach on Field	Playing Time	# on Field	Goal Keeper	Size Ball
<b>4 year old</b>	4 -10 minute quarters	All indirect	No	No	Yes	No	at quarters or as needed	Yes 1	Min 2 qtrs/max 3 qtrs	4	None	3
<b>5 year old</b>	4 -10 minute quarters	All indirect	No	No	Yes	No	at quarters or as needed	Yes 1	Min 2 qtrs/max 3 qtrs	5	Yes	3
<b>6 year old</b>	4 -10 minute quarters	All indirect	No	No	Yes	No	at quarters or as needed	Yes 1	Min 2 qtrs/max 3 qtrs	6	Yes	3
<b>Div. 1 7-8 y.o.</b>	2 - 20 Minute Periods	FIFA	No	Yes	Yes	Yes	*Note	No - but may have one on other side diagonal from the bench	Min. 10 minutes each half – must play in each half	9	Yes	4
<b>Div. 2 9-10 y.o.</b>	2 - 30 Minute Periods	FIFA	No	Yes	Yes	Yes	*Note	No	Min. 15 minutes each half	9	Yes	4
<b>Div. 3 11-12 y.o.</b>	2 - 30 Minute Periods	FIFA	No	Yes	Yes	Yes	*Note	No	Min. 15 minutes each half	9	Yes	5
<b>Div. 4 13-15 y.o.</b>	2 - 30 Minute Periods	FIFA	Yes	Yes	Yes	Yes	*Note	No	Min. 15 minutes each half	11	Yes	5
<b>Div. 5 16-18 y.o.</b>	2 - 30 Minute Periods	FIFA	Yes	Yes	Yes	Yes	*Note	No	Min. 15 minutes each half	7	Yes	5

\* Substitute between periods, when a goal is scored, either team on a goal kick, injured player, cautioned player, red card, player is required to leave the field – (bleeding or equipment issues) – Have the player on the ½ line before substitution.

**If concussion - player must leave the field and not return until Dr. release.**